Top 10 Individuals’ and Fastest 5K XC Times

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| 20:22 | Piper Douhgton | 2021 |
| 20:28 | Amy Smith | 2006 |
| 22:31 | Tashaila Hill | 2011 |
| 23:03 | Aimee Kanode | 2003 |
| 23:43 | Maggie Lovell | 2011 |
| 24:01 | Amanda Goad | 2021 |
| 24:33 | Mallory Jinks | 2008 |
| 25:10 | Jessica Li | 2010 |
| 26:41 | Lauren O’Neil | 2012 |
| 27:17 | Emily Beard | 2010 |